

Why Is The Way We Start Every Day Important ?

Job 7:17-19 [New Jerusalem Bible] *“What are human beings that You [God] should take them so seriously, subjecting them to your scrutiny, that morning after morning you should examine them and at every instant test [to evaluate] them? Will you never take your eyes off me long enough for me to swallow my spittle?”*

What a revelation about our daily life is given to us in this statement in God’s ‘**Handbook for Life**’, the Holy Bible.

What is the logical response to such knowledge?

If my Creator God is going to test, evaluate me all day long, would it not be wise to start each day by getting on “*good terms*” with Him?

How do we do this?

We have one passage in God’s ‘**Handbook for Life**’ where Jesus Christ the Son of God who has been part of the Triune Godhead before anything ever existed, gives us simple guidelines of how to start our day.

Matthew 6:9-15 [NIV] *“This, then, is how you should pray: “Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven. Give us today our daily bread. Forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.” For if you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins.”*

Let us break down this approach to our Creator God into simple principles and attitudes of mind.

“Our Father in Heaven, hallowed by Your name.”

Accept the God of The Bible and the Father with the Son and Holy Spirit as the Triune Creator God. As such, He is one to be worshipped.

“Your Kingdom come, Your Will be done, on earth as it is in Heaven.”

How do we react to this?

We allow God’s Will for us to become our will, completely sacrifice our lives to Him, because of what He has done for us through our Saviour Jesus Christ.

Romans 12:1-3 [Message Bible] *“So here’s what I want you to do, God helping you: Take your everyday, ordinary life, your sleeping, eating, going-to-work, and walking-around life, and place it before God as an offering. Embracing what God does for you is the best thing you can do for him. Don’t become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You’ll be changed from the inside out. Readily recognize what he wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down to its level of immaturity God brings the best out of you, develops well-formed maturity in you. I’m speaking to you out of deep gratitude for all that God has given me, and especially as I have responsibilities in relation to you. Living then, as every one of you does, in pure grace, it’s important that you not misinterpret yourselves as people who are bringing this goodness to God. No, God brings it all to you. The only*

accurate way to understand ourselves is by what God is and by what he does for us, not by what we are and what we do for him.”

This will allow us to become part of that Kingdom [created family] of God on earth right now.

“Give us this day our daily bread.”

This is to remind us just how totally dependent we are on the Creator God of The Bible for our existence.

“Forgive us debts [sins] as we also have forgiven our debtors.”

Note the past tense, we have to show mercy to those who have hurt us before we can ask for God’s mercy to be extended to us.

The last part of this passage reinforces this principle.

“And lead us not into temptation [put us to the test] but delivery us from the evil one.”

The evil one, Satan, has just one desire, that is to cause us to fail to become part of the Kingdom [created family] of God.

Claim God’s own promise in His **‘Handbook for Life’** that He will not allow us to be tested beyond what we are able to resist.

1 Corinthians 10:13 [NIV] *“No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.”*

Claim this promise for the day ahead.

This drawing near to God should also include reading part of His Word, our **‘Handbook for Life’** [the Holy Bible] before we proceed with our life during the rest of the day.

With such a start to our day we can be sure that whatever happens it will be within God’s Will for us, whether it be correction or blessing.

Try it, it really works! Have a great day!